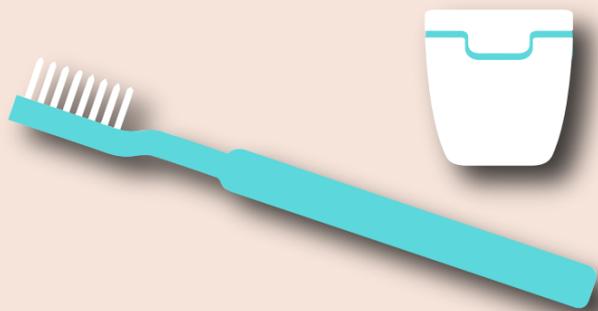


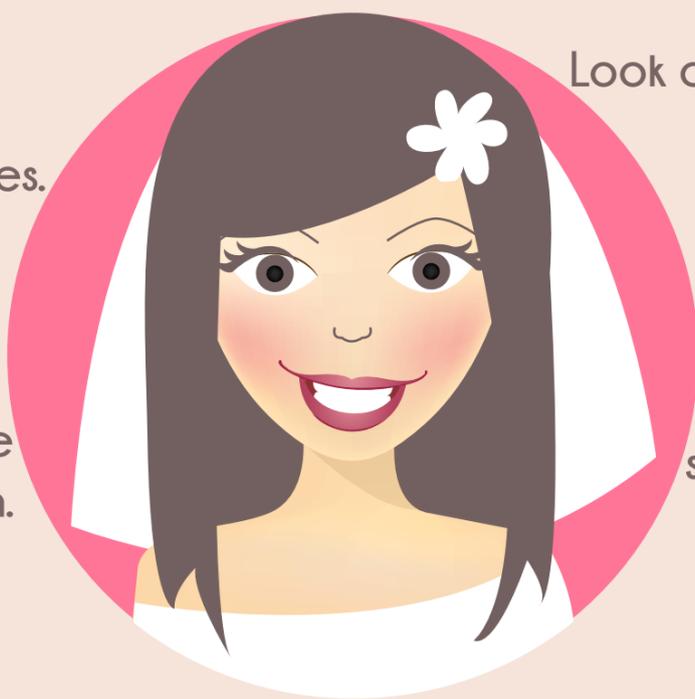
SMILE *down the* AISLE



Brush, Floss, **REPEAT**

Keep your dental habits in tip-top shape: brush twice a day with a fluoride toothpaste, and floss daily.

Practice makes... **PERFECT PICTURES**



Look above the camera.

Raise your eyebrows slightly.

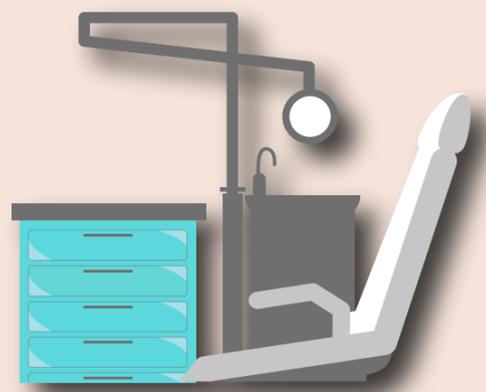
Smile without showing your gums.

Smile with your eyes.

Keep your tongue behind your teeth.

See the **DENTIST**

A professional dental cleaning will help keep your teeth in top condition. It's also an opportunity to fix any chips, cracks or fill any cavities.



Small-sized smile items are a must for the big day. Luckily, you can find your favorites at most stores.



Before you pop the bubbly, hydrate with some H₂O. Bonus: Your breath will be fresher.



There won't be any dry eyes in the house - your lips should follow suit! Remember to pack your favorite chapstick or lip balm.



Don't smack gum as you strut down the aisle! Pop sugar-free mints for a fresh mouth.



Eat, Drink & **CELEBRATE**

Brush and floss after the cake is cut (and enjoyed).



Feel free to have a glass of wine or bubbly! Celebrate in moderation, and drink water between cocktails.

